

# BTec National Diploma in Sport (Development, Coaching and Fitness)



## EdExcel National Diploma (Level 3)

Core Units: The Body in Action; Health and Safety in Sport; Training and Fitness for Sport; Sports Coaching; Sports Development; Fitness Testing for Sport and Exercise; Practical team Sports; Practical Individual Sports.

Specialist Units: Outdoor and Adventure Activities; Sports Nutrition; Sport in Society; Leadership in Sport; Exercise, Health and Lifestyle; Instructing Physical Activity and Exercise; Psychology for Sports Performance; Sports Injuries; Sport and Exercise Massage; Rules, Regulations and Officiating; Working with Children in Sport; Sport as a Business; Work-based Experience in Sport.

The Physical Education Department is very strong at Bacon's College. Working with the new Bacon's Football Academy, Bacon's Sports Centre and our extensive range of specialist coaches, some of which are in house (Table Tennis and Basketball), the new BTEC Level 3 National Certificate in Sport (Development, Coaching and Fitness) is a progressive course which has been designed specifically to fit the needs of the students in the local area.

The BTEC Nationals in Sport qualification provides an introduction to the sector for learners looking to build a career in sport within one of its occupational areas. These areas include careers in exercise and fitness, coaching, sports development and outdoor pursuits. The specification has been structured to allow learners maximum flexibility in selecting specialist units, so that particular interests and career aspirations within sport can be reflected in the choice of unit combinations. The BTEC National Awards in Sport will give learners a solid foundation in the sector, enabling them to develop essential skills required for gaining employment, securing career progression, or progressing to further qualifications and training required to achieve their goals.

Students choosing this course are often those who excel at coursework tasks rather than exams. This course is assessed by 100% coursework and is worth the equivalent of two A-Level qualifications so students need to be well-organised and have good attendance. Students must also express a passion for sport and be willing to improve their sports knowledge.

A BTEC in Sport (Development, Coaching & Fitness), would be beneficial to those wishing to pursue a career in Physiotherapy, Sports Teaching, Sports Management, Sports Science, Sports Coaching or other jobs within the sports industry.

### Overview

The BTEC Sport qualification gives learners the opportunity to gain a nationally recognised vocational qualification, either to enter employment in the sport sector or to progress to higher-education vocational qualifications.

### Aims

- ▶ To give learners the opportunity to develop a range of skills and techniques, personal skills and attitudes essential for successful performance in working life.
- ▶ To give students the chance to achieve a nationally recognised Level 3 vocational qualification.

### Grade Requirement

You should have 5 GCSE's grades A\*-C, including English Language and Mathematics. It would be beneficial to have studied full-course PE at GCSE, but this is not essential. If students have studied full-course PE, we will require a 'B' grade.

### Complementary Subjects

Students will be considering subjects such as nutrition and the impact of exercise and sport on the human body so Biology is a naturally complementary subject to take. Other units focus on sports psychology so students may wish to consider Psychology, too.

