

Key Stage 4 & 5 PSHE

Delivered in assemblies, workshops, tutor time, and dropdowns

YEAR 10

- Pregnancy health, menopause and aging.
- Equality laws, rights and responsibilities
- Identity
- Understanding our rights and responsibilities as citizens and a community
- Exploring active participation in politics; voting; how political decisions are made
- Substance misuse - vaping and drugs
- Consent

YEAR 11

- Revisiting Drug & Alcohol misuse and safety
- Consent
- Mindfulness and mental health
- Wellbeing and managing exam stress

SIXTH FORM

- Budgeting and Finance
- Online Footprints and Digital Identity
- Healthy Relationships Entering Adulthood
- Sex and Relationships
- Drugs and alcohol education